

PCA POST



Edition 5, January 23, 2026

A Letter from the Editors



This semester, we have been deeply encouraged to see the immense growth and flourishing of our community. Not only have we seen connections deepening among friends, but we've also seen an enhanced engagement in the community as a whole, through increased attendance at events, joyful participation in activities, and innovative initiatives that have taken flight this year. Some of the wonderful new events we've had so far include Manhunt, led by Cai Summers and Andrew Earwood, Fall Girl's Night, hosted by Anna Odom, and the Thanksgiving Feast created by Sophia Workman. Through these student-initiated events, the community has been able to engage in new and meaningful ways. On top of these newer events, we also saw much success with tried and true traditions, such as Brookwoods Day, Homecoming Week, and Night of Worship, run by Caterina Hutt and Christian Barnes. To top it all off, we can already see the positive impact of the whole year Class Cup, run by Sophia Workman and Ava Buchanan. It's no doubt that the community feels different this year, and we can't wait to see how God works within the student body and the school as a whole in the new semester.



News of the Nest

Women's Indoor Track by Lucy Arico

As the indoor track season comes to a close, the girls had a successful meet on Wednesday the 4th! Schools of all divisions from across New Hampshire were invited to this meet, with a specific focus on relays. Caterina Hutt, Sylvie Wamberg, and Brie Mullins all raced in the 55m, ending with competitive times. Additionally, Sawyer Yim and Brie Mullins each threw for shot put, with Sawyer getting 11th place and Brie 21st. Each girl was entered into two or more relays at this meet, all of which went well. One of the teams for the 4x160m got 11th place, and in doing so broke a school record! Caterina Hutt, Sawyer Yim, Ruthie Sherrill, and Sylvie Wamberg ran it in 1 minute and 32.25 seconds, cutting off a few seconds from the previous time. As state championships approach, several girls have qualified, hoping to end this season with a bang!



Women's Basketball By Izzy Stevens

On January 14th, PCA Women's Basketball took on Sunapee at our Wednesday home game. The team played incredible defense, locking down the paint, so Sunapee struggled to get easy drives. Offense was skillfully played as well. With lots of spacing and good ball movement, PCA was able to score efficiently and eventually won the game 70-38. Some notable highlights: Ava Buchanan with 24 points, Sophie Anderson with 3 steals, Tilly Arico with 6 assists, and the entire team holding everyone to only 13 turnovers. Overall, PCA Women's Basketball played an amazing game. It will be crucial to bring this momentum into future games.





Men's Varsity Basketball

by Sophia Workman

Wednesday the 14th of January the Eagles had one of their most exciting games yet this season. The home team of the PCA Eagles faced off against the Sunapee Lakers. The Eagles were seen showing an impressive amount of ball control, mental focus, and skill. From the very beginning of the season the Eagles secured themselves recognition as a highly competitive team in the division, and this game was no different. The PCA Eagles dominated the Lakers, and the game ended in a 79-45 victory. Notable players from this game included senior captain Cai Summers, #1 Truman Smith, and #30 Zealand Marquis.



This game will surely continue to motivate the Eagles as they continue throughout their successful season. When talking to one player, Zealand Marquis, he stated that through each game “we learn, and we use that information to continue to improve every day.” The Eagles have big goals for this season, and they will strive to take this winning momentum onto their next games



Student Life

MLK Chapel by Sienna Littlefield

On Friday, January 16, the entire PCA community gathered together in the Lower School gym to praise God through worship songs and to hear from several students about the importance of Martin Luther King Jr. Day. The service opened with a couple songs provided by the Upper School worship team. Shortly following, Viola Fillion and Luc Mullins continued with a moving quote by MLK, which says, “Justice grows when ordinary people choose extraordinary compassion.” This led into Jonny Larson’s message

about what it truly means to show compassion. He gave the example of the Good Samaritan (Luke 10) who stopped to help his neighbor when no one else would. By choosing to suffer alongside his brother in Christ, the Good Samaritan showed real, God-like compassion, just like Martin Luther King Jr. Next, the student body watched a clip of MLK’s most famous speech: the “I Have a Dream” speech.



After the video, we got to hear from students from the Lower, Middle, and Upper Schools as they each presented on how compassion is shown in their day-to-day lives. The Lower School is working on a project that reminds the students of our core value: Compassion. By focusing on helping hands and loving hearts, students of every age can honor God through living compassionate lives. From the Middle School, Adam Garcia, Eric Roets, and Samara Ogembo spoke about where they see

compassion in everyday life. Some examples that were given were Fine Arts, Athletics, and classroom friendships. They also discussed how by supporting each other through trials, we can demonstrate God’s love. Lastly, Shanelle Gray spoke to represent the Upper School. She quoted MLK, saying, “Love is the most durable power in the world.” This led to her main focus point, which was when love is present, trust grows, conflict fades.

The chapel winded down with a closing prayer led by Upper School students Lucy Arico, Noah Hasty, and Reagan Chamberlain. Then, Lauren Westlake led the student body in the Lord’s Prayer. Lastly, to conclude the MLK Chapel, Luc Mullins closed with a prayer that we might all look to Martin Luther King Jr. as an example of bravery, justice, and compassion, overcoming violence with love and grace just as he did.



Teacher Feature

Mr. Abood

By Viola Fillion

Mr. Abood recently switched from teaching Bible to joining the math department, and when asked about his opinion on the new subject matter, he replied that he enjoys math and likes that it's very black-and-white with one right answer along with each question being like a puzzle. He spoke about helping students understand things and told me that the moment of understanding is what brings him the most joy as a teacher. When a student finally realizes the right approach and their confidence grows, that's when he is happy right along with them. Regarding the new year, Mr. Abood noted that he doesn't often make resolutions and instead prefers to fix issues as they come up, which is something he will continue to do in his classes and in general.



Señorita Fontaine

By Abby Hammer



I am so grateful to have had the opportunity of interviewing Señorita Fontaine this week about what she has been doing this school year and her plans for 2026. This year she has begun teaching "Missions and World Religion," a class she feels especially passionate about, given her former experience as a missionary in Türkiye (previously, Turkey). She aims to broaden the scope of this class and hopes to have lots of fun with it. Señorita loves so many things about being a teacher, but her favorite thing to witness is how students can develop passions over the years, both inside and outside the walls of her classroom. Also bringing her joy are all the conversations that she gets to have with students, especially when she is given the opportunity for the LORD to use her to invest in them spiritually. As we continue into this new year, her prayer is that God will work wonders through the school mission trip.



Devotional

By Anna Tolley

Growth is a word we hear frequently in our everyday lives. Plants grow, investments grow, tensions grow, but what does growth mean to us in our lives as Christians? Biblical growth can be defined as “spiritual maturation in faith, character, and knowledge of God.” Ephesians 4:15 says, “Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ.” This verse charges us as Christians to grow to become like Christ. We are to mature in our faith, character, and knowledge of God in order to follow his example. This devotional will walk through these three elements and explain how we can grow in these ways to be like Christ, using Him as our example.

First, we must grow in our faith to become like Jesus. Sometimes it’s hard to know just how to do this. It feels like after you decide to believe the Gospel and accept Jesus into your life, you don’t need to mature anymore. However, James 2:17 states, “In the same way, faith by itself, if it is not accompanied by action, is dead.” We must choose to put our faith in God every day and let him guide our path in order to keep our faith strong. It must show in what we say and do; our whole life should be an example of the trust we have in Him. Christ exhibited this kind of faith as he prayed in the Garden of Gethsemane before he was crucified. In Matthew 26:39, Christ prays that God might “let this cup pass” from him and that he might have a different task if it is in God’s will. Christ knows the pain of what he’s about to go through, and naturally, he asks God if there is another way. However, he finishes this prayer by uttering these words: “not as I will, but as you will.” He fully puts his trust in God and is willing to take action and follow what the Lord has planned for him. Each day should be devoted to growing in our faith through action and trusting God in every moment, just like Jesus.



The second way we must grow to be like Christ is in our character. Our world and our own sinful nature want us to focus on ourselves and only love those we deem worthwhile. However, Philippians 2:3-4 instructs us, “Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.” The Bible encourages us to do nothing for ourselves but instead focus on the needs of others. Jesus exemplified this when he came down in a lowly manger from Heaven to save us. He put our needs in front of his own, even sacrificing his life for us. Additionally, in John 13:34, Jesus says, “A new command I give you: Love one another. As I have loved you, so you must love one another.” Jesus gave his life for us because he loved us so much. Now he wants us to love others with that kind of sacrificial love. When we let the spirit work in our hearts and choose to selflessly love others, our character will grow to become more like Christ.

The third way we must grow to be like Jesus is in our knowledge of God. Proverbs 1:7 states, “The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.” This verse shows us that without fearing the Lord, we cannot grow in our knowledge of him. If we do not open our minds and acknowledge his divine power, we are no better than the fools who despise knowledge itself. When we open our minds, we grow curious and want to learn more about him. Scripture is one important way we can learn about our Creator. Timothy 3:16-17 tells us that “all Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.” Jesus demonstrates the power of Scripture in Matthew 4 as he uses it against Satan’s temptation in the wilderness. Satan tries to tempt him with many things, but Christ responds each time with a verse which combats Satan’s lies. As Christians, we must grow in our knowledge of the Lord by fearing Him and also looking to scripture to learn more about Him.

So, in conclusion, what are some specific ways we can grow in these elements? We can grow in faith by taking action and choosing to trust God in every aspect of life. We can grow our character by staying humble and loving others as Christ loves us. We can grow in knowledge of the Lord by fearing him and reading Scripture. Christ set the perfect example of biblical growth for us. Now all we have to do is follow in his footsteps.



Fine Arts



Interview with Joey Paquette

By Bianca Wibowo

This week, I got the chance to interview Joey Paquette, a freshman, who is currently involved in the Winter Black Box production. Joey had previously been involved in the behind-the-scenes tech aspect of theater but recently switched to acting. When I asked him why he decided to join theater, he jokingly replied that it was “peer pressure” but then stated that he feared looking back and regretting not doing theater with his friends. Next, I asked Joey about his role, and he described his character, Matt, as a new student who moved from Canada and is looking to make friends in his new home, New York City. I then asked him how the experience is similar to or different from his expectations and he replied that his experience was similar to what he witnessed from the tech booth, a small close-knit community. Finally, to end the discussion, I asked him what he was looking forward to as he prepares for the performance, and he stated that he was looking forward to getting closer with his fellow actors and continuing to bond with everyone.



Katts with a Zee

By Catherine Scolamiero





Eagle Eyes

Lily Snyder by Linnie Ngamcharoenthana

This past week, I talked with Lily Snyder, who, after attending PCA since 4th grade, is currently in her sophomore year. When reflecting on her semester, she found that a challenge she's been facing is increased busyness and stress. Something that helps her through this is prayer. When she finds herself in a situation where she has a lot going on, she stops and prays for help and patience. She also prays for more time to get everything accomplished, and when she does this, she finds herself with even more time than she needed to begin with. She shared that she sees God's grace in the midst of busyness and remembers how important it is to have strong faith and truly trust that God is able to provide. In an encouragement to the whole community, she said, "If you fully surrender, he will help." When asked to share something that pleasantly surprised her this semester, Lily said that she has gained solid friendships both in and outside of PCA and finds herself surrounded by a community she can rely on. Something that Lily is looking forward to in the second half of the school year is the opportunity to serve, first nearby with her friends and family, and then when she travels to the Dominican Republic in April.

Sam Jorgensen by Maeve Bowden

This week, I got to chat with Sam Jorgensen, an Upper School junior, about the end of the semester. I asked him what challenges he has faced this semester, and his answer was something that many people deal with, especially myself. He struggled with how to balance schoolwork with personal life and things such as spending time with friends and going to the gym. However, after having experienced high school for a few years, he has learned that the best way to be organized is to use his study halls well so that when he gets home, he has time to relax and have fun. I also asked him if he has had any unexpectedly positive experiences in semester one, and he told me how pleasantly surprised he was with his Civics class. Sam is not a history lover and said that he had expected it to be a boring class, but after experiencing Miss Weisberg's interactive and informational style of teaching, he has thoroughly enjoyed learning about our government and society. Lastly, I asked him what he is looking forward to over the rest of this school year, and he explained how excited he is for spring sports and to be a thrower again. He talked about how he and his teammates have fun at practices while also training well. For the spring season, Sam has one goal in mind: "to break the shot-put record." He said he looks forward to the hard work he will have to put in to reach this goal.

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Gallery

Featured in the Gallery are a handful of the artistic masterpieces created in Semester One.



Bears

Aubrey Gagne - 12th Grade



3-D Shark

Hailey Woods - 12th Grade



Sunset

Ruthie Sherril - 11th Grade



Mountain Landscape

Brady Holt - 12th Grade



Winter Landscape
Ruthie Sherril - 11th Grade



Winter Deer
Stella Laffaye - 10th Grade



Artificial Daughter
Catherine Scolamiero - 11th Grade

