

 PORTSMOUTH CHRISTIAN ACADEMY
Policy: Nutrition and food allergies
Reviewed on: 12/10/21
Approved by:

The PCA Health Offices will be stocked with saltine crackers, fruit juice, peanut butter/cheese crackers, and/or other food items to supplement the care of students during the school day. When a nurse deems appropriate and student's food allergies are verified, and the student is not allergic to a food item, that food item may be given to the student as a part of their medical intervention. For example, if a student presents to the PCA Health Office with an upset stomach and confirms that they are not allergic to the ingredients in a saltine cracker, a saltine cracker may be given to the student to aid their upset stomach. All food allergies should be reported the PCA Health Office through enrollment paperwork, updated physical examinations, or through direct communication with the PCA School Nurses.

Many students and faculty/staff at PCA have food allergies. PCA does not have any restrictions against foods brought to campus. For example, PCA is not a "peanut-free campus" even though there are students attending PCA with anaphylactic peanut allergies. The purpose of this policy is to encourage all students to learn how to interact appropriately and respectfully with the people around them by being aware of peers with allergies, by respecting personal space, and by encouraging students with allergies to be aware of what they are eating at all times. PCA students will learn how to be cognizant of their own health and safety, as well as the health and safety of others.